

ELMSTEAD PRIMARY SCHOOL

SCHOOL FOOD TRUST – EAT BETTER DO BETTER
(KEY STAGE 2 QUESTIONNAIRE – APRIL, 2009)

Q01. Are you a Boy or a girl? Boys 71 Girls 53 Total 124

Q02. What year are you in? Years 3 – 6

Q03. What do you usually eat for lunch?

	Boys	Girls
Hot Lunch:	37	34
Packed Lunch:	34	19
Go Home:	01	00

Q04. How tasty are your school's lunches?

	< BRILLIANT			NOT GOOD >	
	5	4	3	2	1
Boys:	21	20	19	5	2
Girls:	14	22	12	3	2

Q05. Do you eat a snack at break time?

	YES	NO	SOMETIMES
Boys:	44	Girls: 10	16
Girls:	37	4	11

If Yes – What do you eat at breaktime?

“Cereal bars, fruit, vegetables, chocolate, biscuits, crisps and salami.”

Q06. When you eat your school lunch is it a happy time?

	< I USUALLY FEEL HAPPY			I AM USUALLY SAD >	
	5	4	3	2	1
Boys:	43	18	7	3	0
Girls:	18	18	16	1	0

Q07. Do you have enough time to eat school lunch?

	YES	NO	ABOUT RIGHT
Boys:	34	14	23
Girls:	17	14	22

Q08. Do you have enough time to play at lunchtime?

	YES	NO	ABOUT RIGHT
Boys:	26	25	20
Girls:	23	09	21

Q09. Do you have enough to eat at lunchtime?

	SCHOOL DINNERS	PACKED LUNCH
Sometimes I'm really hungry:	26	19
Sometimes I can't eat it all:	09	06
Most times it is about right:	37	27

Q10. What things do you like about school food?

"Tasty. Desserts. Nice and hot. Healthy. Variety. Fills me up. Eating with my friends. Fresh food. Hygenic. Kind dinner ladies and cooks. Roasts! Pasta. Pizza. Korma. Drinks. Nuggets. Burgers. Yummy!"

Q11. Do you like the school dining area?

	< IT IS REALLY NICE		IT ISN'T A NICE PLACE >		
	5	4	3	2	1
Boys:	22	18	16	06	09
Girls:	13	20	12	06	02

Q12. Do you sit with your friends when you eat your school lunch?

	YES	NO	SOMETIMES
Boys:	52	03	16
Girls:	26	01	26

If No – why not?

"No room. Places already taken. They don't want me to. Dinner ladies won't let me."

Q13. Do the school cooks help you choose your food?

	YES	NO	SOMETIMES
Boys:	09	36	24
Girls:	07	24	22

Q14. Do you get to taste the food before choosing it?

	YES	NO	SOMETIMES
Boys:	03	67	00
Girls:	00	53	00

Q15. If there was one thing you could change about the school food, what would it be?

“Nothing. More choice. More food. Vegetarian option to all. Would like soup. The mash. Roasts. More cakes for dessert. Would like brownies, angel delight, kebabs, melon, new drinks. Not to force us to have the food.”

Q16. Do you have breakfast in the morning? If Yes, what do you eat?
Toast, cereals, yoghurt and porridge.

Q17. Do you eat snacks on the way to and from school?

	YES	NO	SOMETIMES
Boys:	02	53	16
Girls:	05	31	17

If Yes – what do you eat?

Chocolate, biscuits, fruit, crisps, ice-cream, snack-bar, sweets.

Q18. Do you know how many fruit and vegetables you should (at least) be trying to eat each day?

	1	2	3	4
Boys:	02	06	59	03
Girls:	00	01	51	01

Q19. Are you encouraged by the teachers and staff to eat all your lunch?

	YES	NO	SOMETIMES
Boys:	11	37	23
Girls:	12	14	27

Q20. Where do you learn about eating healthily?

School: 99

Home: 119

TV: 69

Friends: 22

No-one talks about healthy eating: 03